

Dear Friend,

As you will be aware the world is currently suffering a healthcare pandemic. Our role as Councillors in the city of Bangor is to help you if you require. As a great many local residents are either elderly and / or vulnerable, we wish to put into action a plan to keep everybody in communication, everybody supplied with food and other necessities or just at the end of the phone for a friendly chat.

If you are showing any signs or symptoms of the publicised condition, please remember to follow current Government advice for self-isolating you and your immediate family and go to <u>www.nhsdirect.wales.nhs.uk/COVID19/</u> and follow the specialist medical advice.

Bangor City Council has established a Support Fund, which can be applied for by local groups and organizations, to support volunteering efforts and for those very vulnerable families and individuals. To make an application contact <a href="mailto:townclerk@bangorcitycouncil.com">townclerk@bangorcitycouncil.com</a>, or go to the Council's website.

Below is a list of names and telephone numbers of local Councillors. If you are in need of any shopping or any kind of supplies, please feel free to call the relevant person. Please bear in mind that if you do not get in touch first time that person is probably dealing with another individual. Therefore, please leave your name and number and we will get back you as soon as we can.

**PLEASE NOTE: This group is run entirely by volunteers and not medical professionals.** We're all community members and groups wanting to support the most vulnerable with errands, information distribution and emotional comfort.

NAME OF VOLUNTEER	CONTACT DETAILS	AREA/WARD
	07022 02000	Deiniol
Kieran Luke Ashton	07932 830090	Deinioi
Jones	councillor-kieran-jones@bangorcitycouncil.gov.wales	
Gareth Roberts	07474821147	Dewi
	councillor-gareth-roberts@bangorcitycouncil.gov.wales	
Huw Wyn Jones	07776 132277	Garth
	councillor-huw-wyn-jones@bangorcitycouncil.gov.wales	
Elin Walker Jones	07808 472204	Glyder
	councillor-elin-walker-jones@bangorcitycouncil.gov.wales	
Medwyn Hughes	07803 723976	Hendre
	councillor-medwyn-hughes@bangorcitycouncil.gov.wales	
Luke Tugwell	07584 673716	Hirael
	councillor-luke-tugwell@bangorcitycouncil.gov.wales	
Nigel Pickavance	07944694801	Maesgeirchen
	councillor-nigel-pickavance@bangorcitycouncil.gov.wales	
Dylan Fernley	07874 225209	
	councillor-charles-dylan-fernley@bangorcitycouncil.gov.wales	
Mair Rowlands	07912433202	Menai – Upper
	councillor-mair-rowlands@bangorcitycouncil.gov.wales	Bangor
Cartrin Wager	07366 418318	_
	cynghorydd.catrinwager@gwynedd.llyw.cymru	
Menna Baines	07867 697 921	Pentir
	cynghorydd.mennabaines@gwynedd.llyw.cymru	